

**Week 1**Weeks beginning 3.9.18, **24.9.18**, 15.10.18, **12.11.18**, 3.12.18, **7.1.19**, 28.1.19, **25.2.19****18.3.19**, 23.4.19, **13.5.19**, 17.6.19, **8.7.19**

|           | Main Course                                                                                                                                                                                                                                                    | Puddings                                                                                            |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| Monday    | <p><b>Fish cake, beans &amp; bread roll</b></p> <p><b>Jacket potato &amp; tuna/beans</b></p> <p><b>Cajun chicken &amp; rice</b></p> <p><b>Cheese baguette</b></p> <p>Peas, sweetcorn &amp; salad bar available to all</p>                                      | <p>Frozen yoghurt</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>                 |
| Tuesday   | <p><b>Roast beef</b></p> <p><b>Veggie balls</b></p> <p><b>Cheese roll</b></p> <p>With Yorkshire pudding, roast or mashed potatoes &amp; assorted vegetables</p>                                                                                                | <p>Apple crumble &amp; custard</p> <p>Yoghurt</p> <p>Piece of fruit</p>                             |
| Wednesday | <p><b>spaghetti bolognaise (suitable for vegetarians)</b></p> <p><b>Jacket potato with beans and/or cheese</b></p> <p><b>Tuna baguette</b></p> <p>Peas, sweetcorn &amp; salad bar available to all</p>                                                         | <p>Jelly</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>                          |
| Thursday  | <p><b>Roast chicken</b></p> <p><b>Veggie sausage</b></p> <p><b>Quorn hot pot</b></p> <p>with Yorkshire pudding, roast or mashed potatoes and assorted vegetables</p>                                                                                           | <p>Rice pudding &amp; dried fruit</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p> |
| Friday    | <p><b>Chicken bites, vegetables &amp; minted new potatoes</b></p> <p><b>Veggie nuggets, vegetables &amp; minted new potatoes</b></p> <p><b>Jacket potato with beans and/or cheese</b></p> <p><b>Fish finger baguette</b></p> <p>salad bar available to all</p> | <p>Assorted buns &amp; biscuits</p> <p>Yoghurt</p> <p>Piece of fruit</p>                            |

**Week 2**Weeks beginning 10.9.18, **1.10.18**, 22.10.18, **19.11.18**, 10.12.18, **14.1.19**, 4.2.19**4.3.19**, 25.3.19, **29.4.19**, 20.5.19, **24.6.19**, 15.7.19

|           | Main Course                                                                                                                                                                                                                                 | Puddings                                                                                        |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| Monday    | <p><b>Chicken tikka masala, rice &amp; naan bread</b></p> <p><b>Omelette, beans &amp; buttered baguette</b></p> <p><b>Jacket potato with tuna</b></p> <p><b>Cheese baguette</b></p> <p>Peas, sweetcorn &amp; salad bar available to all</p> | <p>Ice-cream</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>                  |
| Tuesday   | <p><b>Roast pork</b></p> <p><b>Veggie sausage</b></p> <p><b>Cheese roll</b></p> <p>With Yorkshire pudding, roast or mashed potatoes &amp; assorted vegetables</p>                                                                           | <p>Apple crumble &amp; custard</p> <p>Yoghurt</p> <p>Piece of fruit</p>                         |
| Wednesday | <p><b>Pork meat balls in tomato sauce &amp; pasta</b></p> <p><b>Veggie balls in tomato sauce &amp; pasta</b></p> <p><b>Jacket potato with baked beans and/or cheese</b></p> <p><b>Tuna baguette</b></p> <p>Salad bar available to all</p>   | <p>Cheese cake</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>                |
| Thursday  | <p><b>Roast chicken</b></p> <p><b>Veggie sausage</b></p> <p>With Yorkshire pudding, roast or mashed potatoes and assorted vegetables</p>                                                                                                    | <p>Syrup sponge &amp; custard</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p> |
| Friday    | <p><b>Pizza</b></p> <p><b>Baked potato with beans and/or cheese</b></p> <p><b>Fish finger baguette</b></p> <p>Salad bar available to all.</p>                                                                                               | <p>Assorted buns &amp; biscuits</p> <p>Yoghurt</p> <p>Piece of fruit</p>                        |

**Week 3**Weeks beginning 17.9.18, **8.10.18**, 5.11.18, **26.11.18**, 17.12.18, **21.1.19**, 11.2.19**11.3.19**, 15.4.19, **6.5.19**, 10.6.19, **1.7.19**, 22.7.19

|           | Main Course                                                                                                                                                                                                                                          | Puddings                                                                              |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Monday    | <p><b>Pasta margherita</b></p> <p><b>Salmon fillet &amp; herby cubed potatoes</b></p> <p><b>Jacket potato with tuna/beans</b></p> <p><b>Cheese baguette</b></p> <p>Peas, sweetcorn &amp; salad bar available to all</p>                              | <p>Arctic roll</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>      |
| Tuesday   | <p><b>Roast Turkey</b></p> <p><b>Veggie sausage</b></p> <p><b>Cheese roll</b></p> <p>With Yorkshire pudding, mashed or roast potatoes and assorted vegetables</p>                                                                                    | <p>Apple crumble &amp; custard</p> <p>Yoghurt</p> <p>Piece of fruit</p>               |
| Wednesday | <p><b>Quorn lasagne</b></p> <p><b>Jacket potato with cheese and/or beans</b></p> <p><b>Tuna baguette</b></p> <p>Salad bar available to all</p>                                                                                                       | <p>Angel delight</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p>    |
| Thursday  | <p><b>Roast chicken</b></p> <p><b>Quorn pie</b></p> <p><b>Veggie sausage</b></p> <p>With Yorkshire pudding, mashed or new potatoes and assorted vegetables</p>                                                                                       | <p>Chocolate sponge</p> <p>Yoghurt</p> <p>Fresh fruit salad</p> <p>Piece of fruit</p> |
| Friday    | <p><b>Pork sausages, potato smiley faces &amp; beans</b></p> <p><b>Veggie sausage, potato smiley faces &amp; beans</b></p> <p><b>Jacket potato with cheese and/or beans</b></p> <p><b>Fish finger baguette</b></p> <p>Salad bar available to all</p> | <p>Assorted buns &amp; biscuits</p> <p>Yoghurt</p> <p>Piece of fruit</p>              |

